

Goole Surgical Treatment Centre



Vasectomy Day Surgery Unit



*Welcome and thank you for making
Goole Surgical Treatment Centre your first choice*

Introduction

You have been referred to the Day Surgery Unit to undergo a vasectomy.

Vasectomy is the term used to describe male sterilization and as such must be considered a permanent method of contraception. Vasectomy involves a minor operation usually performed under a local anaesthetic (by 'freezing the area with a series of small injections) or occasionally under a general anaesthetic (asleep). The procedure takes approximately 20 minutes.

The vas deferens is a medical name for the tubes that the sperm travel through from the testicles to the penis.

During a vasectomy operation two small incisions are made, one each side of the scrotum (the bag which holds the testicles) near the groin. The two vas are divided and a small portion is removed from each. The ends are then sealed. This prevents the sperm from entering the semen.

One or two skin stitches are then used to seal the wound. These stitches will dissolve completely in around two weeks.

What are the benefits of surgery?

This surgery prevents conception.

Are there any Alternatives to this Surgery?

Other forms of contraception are available for example condoms, but may not be as reliable as a vasectomy.

Risks Following a Vasectomy

Bleeding may occur from the wound site. If so, apply light pressure and if the bleeding persists, seek advice.

There is a slight risk of your wound becoming infected, if you experience redness, excessive tenderness or persistent oozing, seek advice.

Following surgery discomfort is common, please ensure you have adequate painkillers at home.

Swelling may also occur, this should settle, but if this persists please seek advice, contact numbers are within this leaflet.

Effects of general anaesthetic

Nausea

If you experience this following surgery, drink plenty of fluids and take light meals.

Headache

This is not unusual following a general anaesthetic. Simple painkillers will help to relieve this.

Before you arrive

Prior to your admission you will have been advised when to stop taking diet and fluids if necessary.

Please have a shower or bath before coming to the Day Surgery Unit.

You should shave the scrotal area the morning of your admission.

We request that you do not wear jewellery (except for wedding ring).

Please bring any medication that you normally take (even if infrequent), a dressing gown, slippers and a book or magazine to read.

Please leave valuables at home.

Following a general anaesthetic please arrange:

An adult to escort you home and care for you for the first 24 hours after discharge.

Time off work, usually 48 hours

Not to drive for 48 hours.

Not to use machinery, cook, or sign documents for 24 hours

What will happen when I come in for my surgery?

Please report to the reception desk. You will be asked to wait in the waiting area.

A nurse will prepare you for your operation.

You will be asked to wear a theatre gown (a locker is provided for your clothing) and your blood pressure will be taken.

Please tell the nurse if you have any medical changes or change of social circumstances .

The surgeon will come to see you, and take your written consent for your operation.

You will wait for your surgery in a mixed sex seated area.

When it is time for your surgery the nurse will walk with you to the anaesthetic room.

After the surgery

If you have had a general anaesthetic, you will wake up in the recovery suite.

When you are fully awake you will be transferred into the recovery lounge (seated area). Light refreshments will be provided.

You may feel some discomfort, if so, the nursing staff will give you prescribed pain relief on request.

When you are adequately recovered the nurse will provide you with discharge advice, answer any questions that you may wish to ask and arrange for you to go home.

You will be given a scrotal support to wear following your vasectomy that you should wear for at least a week, this will help prevent complications such as bruising and swelling. The nurse will discuss specific discharge management before you leave the unit.

At home

Take painkillers as directed. Keep the wounds clean and dry for the first 24 hours.

You can shower after 24 hours. You may resume sexual intercourse when you feel able, but it is important to use an appropriate method of contraception until your semen analysis has proved clear (usually around 8-12 weeks post vasectomy). You will be informed by post of the results following your second sample.

You will not be required to attend a follow-up appointment in clinic unless otherwise informed.

If you have any problems after your surgery please contact one of the following:

Day Surgery Unit

Tel: 01472 875300 (08:00-20:00 Mon-Fri)

Or your own GP.

Concerns and Queries

If you need further assistance, the Patient Advice and Liaison Service will be able to help.

They can be contacted on:

Goole & District Hospital

PALS Administration Manager 01724 290172

or by email: pals@nlg.nhs.uk

Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.) It is stored on paper and on computerised systems in line with the Data Protection Act 1998. Everyone working for the NHS has a legal duty to keep information about you confidential.

Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been receiving care) or if the law requires it, for example, to notify a birth. Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients/visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening/Abusive Behaviour
- Verbal/Physical Abuse

The Trust reserves the right to withdraw from treating patients whom are threatening/abusive/violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

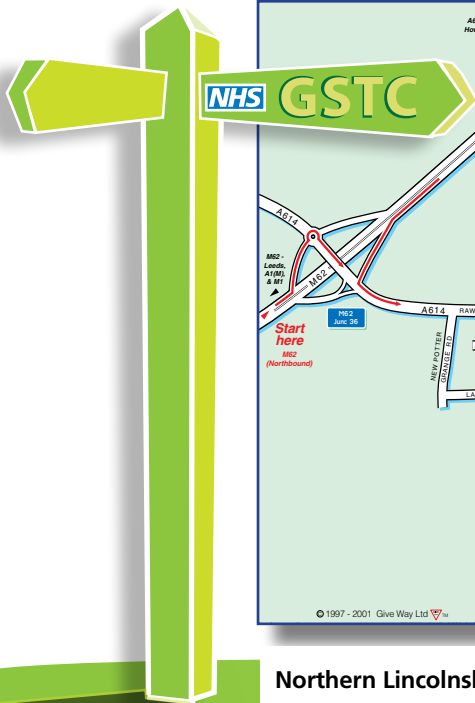
Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk. Please tell a member of staff on the ward or in the department you are attending/visiting.

Contact Numbers:

Day Surgery Unit: 01724 290040



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