

Goole Surgical Treatment Centre



Circumcision or Frenuloplasty Day Surgery Unit



*Welcome and thank you for making
Goole Surgical Treatment Centre your first choice*

How is this Surgery Performed?

- **Circumcision**

Most of the foreskin, especially the free end, is removed. The remaining skin is stitched to the base of the glans.

- **Frenuloplasty**

This is a procedure which divides the frenulum, small tag of skin stretched between the shaft of the penis and the foreskin, and is stitched transversely.

What are the benefits of surgery?

To relieve symptoms of discomfort.

Are there any Alternatives to Surgery?

There are no recognized alternatives to surgery.

Risks of Surgery

As with any operation, there is a risk of complications from the surgery and with the anaesthetic. However, the risk is very small.

Bleeding may occur from the wound site. If the bleeding persists, seek advice.

There is a slight risk of your wound becoming infected, if you experience redness, excessive tenderness, swelling or persistent oozing, seek advice.

It is common to experience some bruising.

Discomfort following surgery is common, please ensure you have adequate painkillers at home.

Effects of anaesthetic

Nausea

If you experience this following surgery, drink plenty of fluids and take light meals.

Headache

This is not unusual following a general anaesthetic. Simple painkillers will help to relieve this.

Following a general anaesthetic please arrange

An adult to escort you home and care for you for the first 24 hours after discharge.

Not to cook or sign documents for 24 hours.

Not to drive for 48 hours or as advised.

Before you arrive

Prior to your admission you will have been advised when to stop taking diet and fluids.

Please have a shower or bath before coming to the Day Surgery Unit.

We request that you do not wear jewellery (except for wedding ring).

Please bring any medication that you normally take (even if infrequent), a dressing gown, slippers and a book or magazine to read. Please leave valuables at home.

What will happen when I come in for my surgery?

Please report to the reception desk.

You will be asked to wait in the waiting area.

A nurse will prepare you for your operation. You will be asked to wear a theatre gown (a locker is provided for your clothing) and your blood pressure will be taken.

Please tell the nurse if you have any medical changes or change of social circumstances.

The surgeon will come to see you and take your written consent for your operation.

You will wait for your surgery in a mixed sex seated area. When it is time for your surgery the nurse will walk with you to the anaesthetic room.

After the surgery

If you have had a general anaesthetic you will wake up in the recovery suite.

When you are fully awake you will be transferred into the recovery lounge (seated area). Light refreshments will be provided.

You may experience some discomfort, if so the nursing staff will give you prescribed pain relief on request.

Small dressings will cover the wound site.

Slight bleeding is common.

When you are adequately recovered the nurse will provide you with discharge advice, answer any questions that you may wish to ask and arrange for you to go home.

At home

You may require painkillers after the effects of the anaesthesia has 'worn off'.

Pain or soreness may last for approximately 1 week.

Keep the wound clean and dry for 24 hours - you may then shower/bath.

The stitches are usually dissolvable. If you have a problem regarding stitches, please make an appointment with the practice nurse of your GP surgery.

Time off work (usually 1-2 weeks).

If you drive you can do so when you can perform an emergency stop without pain. (You must not drive for the first 48 hours following a general anaesthesia.)

If necessary a clinic appointment will be sent to you by post.

If you have any problems after your surgery please contact one of the following:

Day Surgery Unit Tel: 01724 290040 (08:00-20:00 Mon-Fri)
or Your own GP.

Concerns and Queries

If you need further assistance, the Patient Advice and Liaison Service will be able to help.

They can be contacted on:

Goole & District Hospital

PALS Administration Manager 01724 290172

or by email: pals@nlg.nhs.uk

Confidentiality

Information on NHS patients is collected in a variety of ways and for a variety of reasons (e.g. providing care and treatment, managing and planning the NHS, training and educating staff, research etc.) It is stored on paper and on computerised systems in line with the Data Protection Act 1998. Everyone working for the NHS has a legal duty to keep information about you confidential.

Information will only ever be shared with people who have a genuine need for it (e.g. your GP or other professionals from whom you have been receiving care) or if the law requires it, for example, to notify a birth. Please be assured however that anyone who receives information from us is also under a legal duty to keep it confidential.

Zero Tolerance - Violent, Threatening and Abusive Behaviour

The Trust and its staff are committed to providing high quality care to patients within the department. However, we wish to advise all patients/visitors that the following inappropriate behaviour will not be tolerated:

- Swearing
- Threatening/Abusive Behaviour
- Verbal/Physical Abuse

The Trust reserves the right to withdraw from treating patients whom are threatening/abusive/violent and ensuring the removal of those persons from the premises.

All acts of criminal violence and aggression will be notified to the Police immediately.

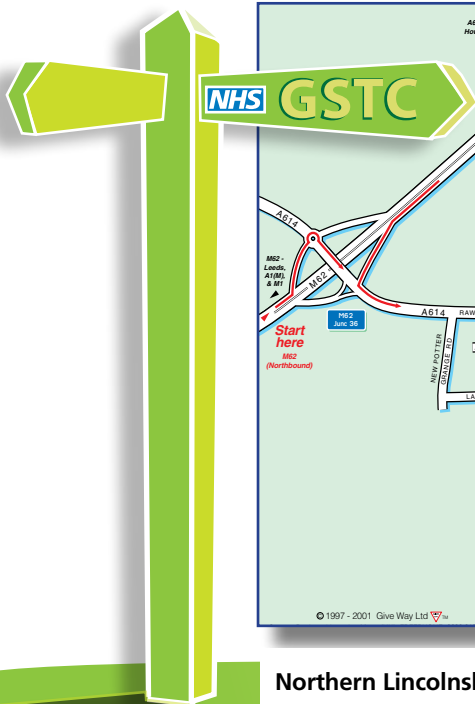
Risk Management Strategy

The Trust welcomes comments and suggestions from patients and visitors that could help to reduce risk.

Perhaps you have experienced something whilst in hospital, whilst attending as an outpatient or as a visitor and you felt at risk. Please tell a member of staff on the ward or in the department you are attending/visiting.

Contact Numbers:

Day Surgery Unit: 01724 290040



Northern Lincolnshire & Goole Hospitals NHS Foundation Trust
Goole & District Hospital
Woodland Avenue, Goole, East Riding of Yorkshire DN14 6RX
Telephone: 01724 387886 Fax: 01724 290488
www.go2goole.co.uk

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